

## THE SPA GARDEN TAKEOVER TREATMENT MENU

This summer, Eden Hall welcomes Grown Alchemist to The Spa Garden for a seasonal takeover including advanced express skincare treatments to sculpt, restore and reveal radiant summer-ready skin.

**25 MINS, £38 CHOOSE FROM 3 TREATMENTS:**

### **CRYO EYE LIFT: REVIVE + DEFINE**

Ice-cold cryotherapy and lymphatic drainage work to de-puff, smooth and awaken tired eyes. Powered by Grown Alchemist's Hydra-Restore Eye Serum, a potent blend of hyaluronic acid, ectoin, and probiotics leaves eyes visibly lifted and revitalised.

### **FACE SCULPT + SOOTHE**

Advanced cupping techniques instantly lift and sculpt, defining the jawline, cheekbones and brows. Finished with a tension-melting scalp massage and Grown Alchemist's SPF30 for rejuvenated, radiant and protected skin.

### **24HR FACE LIFT + SHIELD**

Experience sculpted, lifted skin that lasts for 24 hours. Cupping techniques and ice-cold cryotherapy rollers awaken the lymphatic system, leaving your complexion refreshed, contoured and protected with Grown Alchemist's nourishing SPF30.

**Please speak to a team member to book your Grown Alchemist treatment today.**

**Allergens** Our treatments use products that may contain essential oils, plant extracts, nut-derived ingredients and other active components. To help us tailor your experience safely, you must inform your therapist before your treatment begins of any medical conditions, pregnancy, injuries, skin conditions or allergies (including allergies to nuts, essential oils, latex or specific skincare ingredients). During your treatment, please let your therapist know immediately if you experience any discomfort, stinging, breathing difficulties, dizziness or unusual sensations, so adjustments can be made or the treatment can be stopped if needed.

